



the spa



HEALTH & WELLBEING

RELAX, RENEW & IMAGINE

# CLOSE YOUR EYES... AND LET YOURSELF DISCONNECT

*Allow us to take you on a mystical quest and be swept away with one of our rituals.*

*Go to the depths of the ocean or to Asia.*

*Immerse yourself in exquisite freshness or imagine the energy of volcanic lakes.*

*Feel and enjoy the power of native herbs and berries, ancient and new healing treatments.*

*Embrace your inner beauty by falling into magical worlds of aroma for complete and total relaxation.*

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## RELAX & INDULGE

### Take a moment for yourself

A moment to be carried away by a gentle sea breeze as you immerse yourself in exquisite freshness, embrace your inner beauty, and drift off into complete and total relaxation.

We look forward to pampering you in our wellness center, beauty salon or spa. Our internationally trained professionals are waiting to meet you, and make your experience a memorable, rewarding and enjoyable one.

*We are located on deck 7 mid-ship, or you may call us on 7313 to schedule your appointment.*

A beautiful Experience



## LET'S FACE IT

### PROFESSIONAL SKIN CARE SYSTEM

*Vitaderm is a results orientated range that combines the latest advances in ingredient research with natural plant extracts and essential oils to achieve maximum therapeutic benefits.*



ULTIMATE RENEWAL FACIAL (60 min) \_\_\_\_\_ \$80

The ultimate anti-ageing skin care treatment to protect your skin's youth and vitality. State-of-the-art ingredients help firm and tone the complexion, and restore hydration. Ideally, this treatment should be combined with the Booster Masque for optimal penetration of the active ingredients. The renewed resilience that results from this facial makes it the perfect treatment for that special occasion.

SOOTHING SENSES FACIAL (45 min) \_\_\_\_\_ \$75

Soothe your senses with the relaxing aromas of sandalwood, chamomile and lavender during this ultra-conditioning skin treatment. This treatment is suitable for sensitive skin types.

AROMATIC THERAPY FACIAL (45 min) \_\_\_\_\_ \$70

A wonderfully therapeutic facial treatment with relaxing aromas, combined with the gentle warmth of volcanic stones to melt away stress and tension. A sense of deep relaxation is achieved, along with an ultra-conditioned complexion.

# SIGNATURE BODY



## Spa Wellness Therapies

*Spa Therapy offers exciting aromatic massage blend options – ‘relaxing’ or ‘uplifting’– which may be incorporated into any of the following treatments:*

ROYAL ODYSSEY PAMPER (100 min) \_\_\_\_\_ \$125

Envelope yourself in luxurious pampering with this face and body ritual. Enjoy a relaxing full-body massage incorporating volcanic stone with exotic oils to balance body, mind and soul. A wonderfully aromatic facial treatment ensues to soothe away anxiety and stress, leaving the skin looking radiant and revitalized.

EXOTIC BODY SCRUB WITH FULL BODY MASSAGE (65 min) \_\_\_\_\_ \$75

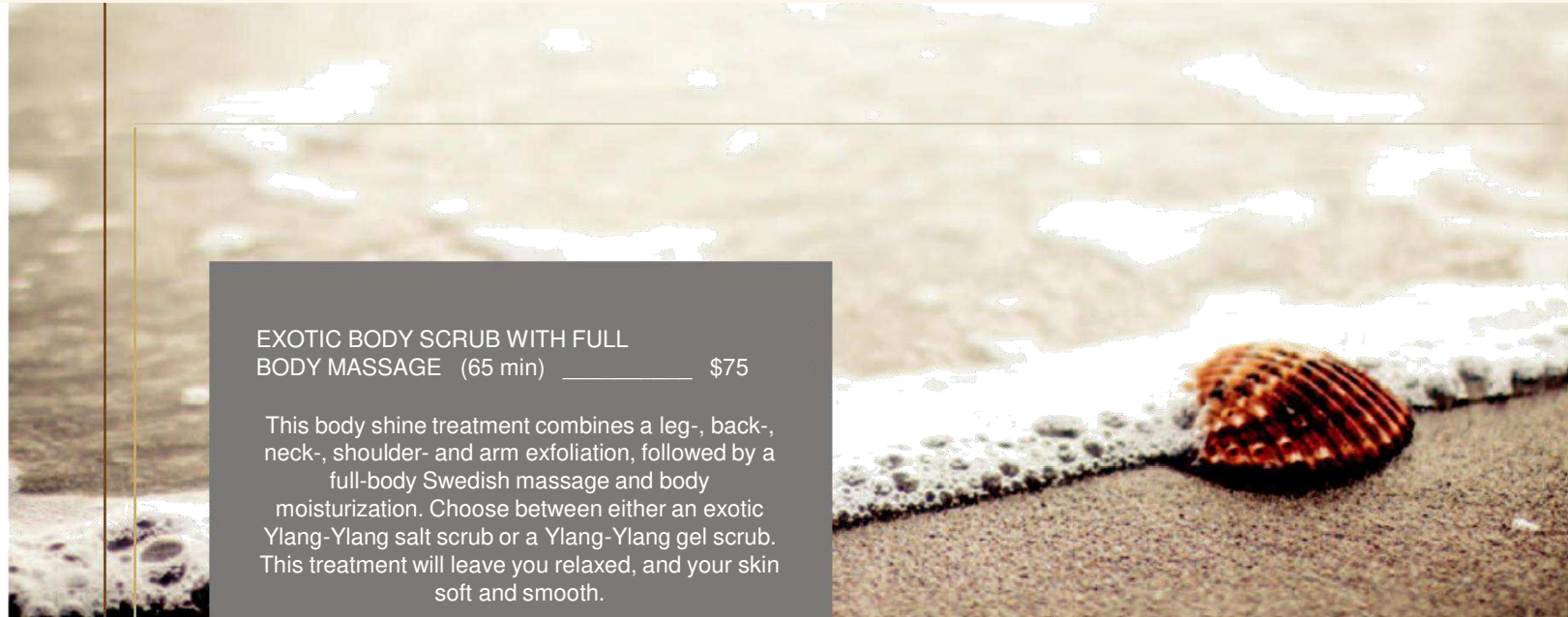
This body shine treatment combines a leg-, back-, neck-, shoulder- and arm exfoliation, followed by a full-body Swedish massage and body moisturization. Choose between either an exotic Ylang-Ylang salt scrub or a Ylang-Ylang gel scrub. This treatment will leave you relaxed, and your skin soft and smooth.

HOT STONE MASSAGE (75 min) \_\_\_\_\_ \$75

The ultimate in a relaxing massage using heated volcanic stones anointed with exotic oils to balance the mind, body and soul. The deep penetrating heat of the stones is combined with a traditional Swedish massage and aromatherapy oils to release muscular tension.

DELUXE MEDITERRANEAN RITUAL (90 min) \_\_\_\_\_ \$125

This indulgent body pampering combines a relaxing full-body exfoliation with an exotic scrub, a relaxing seaweed body wrap, followed by a full-body massage. Embrace the restorative benefits of the ocean and feel revitalized with this mineral-rich treatment.



## BODY BASICS

### Spa Wellness Therapies

*Vitaderm offers exciting aromatic massage blend options – ‘relaxing’ or ‘uplifting’– which may be incorporated into any of the following treatments:*

REFLEXOLOGY (25 min) \_\_\_\_\_ \$35

Reflexology uses pressure points on the feet to balance the chakras and energy flow through the whole body. Float away feeling relaxed from the soles of your feet through the rest of your body.

SWEDISH MASSAGE (45 min) \_\_\_\_\_ \$50

First class aromatherapy oils care for a perfect full-body massage and the fragrance invites the ultimate relaxation of the tired and stressed body, mind and soul.

HALF BODY MASSAGE (30 min) \_\_\_\_\_ \$38

First class aromatherapy oils care for a back-, neck- and shoulder massage and the fragrance invites the ultimate relaxation of the tired and stressed body, mind and soul.

DEEP TISSUE SPORTS MASSAGE (50 min) \_\_\_\_\_ \$58

This is a deeper, firmer massage using aromatherapy, focusing on muscle tension.

HALF BODY STONE MASSAGE (45 min) \_\_\_\_\_ \$60

This express version of the Hot Stone Massage uses heated volcanic stones anointed with aromatherapy oils to massage the back, neck and shoulder area – perfect for relieving travel tension.





## THE NAIL BAR

STANDARD MANICURE \_\_\_\_\_ \$25

STANDARD PEDICURE \_\_\_\_\_ \$32

EXOTIC ODYSSEY HAND RITUAL(50min) \_\_\_\_\_ \$45

Pamper yourself with this luxury facial for the hands, which combines exfoliation, massage and moisturising of the forearm and hand with a manicure.

EXOTIC ODYSSEY FOOT RITUAL(50min) \_\_\_\_\_ \$52

Pamper yourself with this luxury facial for the feet, which combines exfoliation, massage and moisturizing of the lower leg, foot and ankle, with a pedicure.

Latest in Nail Art \_\_\_\_\_ \$6

All new and exciting nail printed artwork (per nail)

MANICURE WITH GELERATION \_\_\_\_\_ \$55

Includes hand exfoliation, cuticle maintenance and care, nail file and finish with GELeration nail polish.

PEDICURE WITH GELERATION \_\_\_\_\_ \$55

Feet are exfoliated and massaged using exotic scrubs and creams, while toenails are filed and finished using GELeration nail polish

NAIL REPAIR (per nail) \_\_\_\_\_ \$5

POLISH CHANGE \_\_\_\_\_ \$13

GEL SOAK OFF \_\_\_\_\_ \$15

# HAIR, FLAIR & CARE



BLOW DRY SHORT TO LONG _____	\$20 - \$38
RELAXING AND RETWIST TREATMENT SHORT TO LONG _____	\$75 - \$105
RETOUCH RELAXER SHORT TO LONG _____	\$58 - \$105
LADIES HAIRCUT _____	\$38
BANG TRIM _____	\$15
HAIR WASH ONLY _____	\$18

MENS HAIRCUT _____	\$20
BEARD TRIM _____	\$15
MENS HAIR WASH ONLY _____	\$12

BLOW DRY SHORT TO LONG _____	\$20 - \$38
PERMANENT HAIR COLOR _____	\$59 - \$79
SEMI - PERMANENT HAIR COLOR _____	\$49 - \$69
HIGH LIGHT - PARTIAL _____	\$145
HIGH LIGHT - FULL HEAD _____	\$165
KERATIN TREATMENT SHORT _____	\$145
KERATIN TREATMENT MEDIUM _____	\$180
KERATIN TREATMENT LONG _____	\$205
TONING FROM _____	\$24
NEW BLONDE _____	\$24

## BRAIDING / STYLING AND REMOVAL SERVICES

SHORT HAIR _____	\$29
MEDIUM HAIR _____	\$34
LONG HAIR _____	\$39
VERY LONG HAIR _____	\$45



# ADD-ONS & EXPRESS SERVICES

Enhance any of the services by adding on a luxury express service to renew, revive and reinvent.

INDIAN SCALP MASSAGE (30 min) \_\_\_\_\_ \$35

Deep relaxing neck and scalp massage. The treatment uses warm and scented oil traditionally used by Indian women to condition and nourish the scalp and hair.

EYE REVITALIZATION \_\_\_\_\_ \$20

This specialty eye treatment consists of a luxurious eye massage with a calming mask that will help reduce dark circles and puffiness, leaving your eyes looking radiant and refreshed for your destination.

BOOSTER MASQUE \_\_\_\_\_ \$15

Go one step further and spoil yourself with a cocoa mask that soothes and refreshes dry and tired facial skin, leaving a warm natural rejuvenated glow.

## HAIR TREATMENTS & EYES

Deep Conditioning Treatment \_\_\_\_\_ \$12

Hair Mask Treatment \_\_\_\_\_ \$12

Eye Brow Shape \_\_\_\_\_ \$17

Eye Brow Tint \_\_\_\_\_ \$17

Eye Lash Tint \_\_\_\_\_ \$22

Lash and Brow Tint Combination \_\_\_\_\_ \$33

Lash Curling \_\_\_\_\_ \$33

Lash Extensions Full \_\_\_\_\_ \$155

Lash Extensions Partial \_\_\_\_\_ \$80

Lash Extension Refill \_\_\_\_\_ \$55

## NEW LOOK! NEW YOU!!!

Dare to be adventurous, enquire with one of our internationally trained hairstylists on a new look, new you. Complete makeover including cut and colour.

Prices vary depend on the length of you hair.

Book your free consultation today!





## WAXING

Due to the nature of waxing, skin irritation, redness or other side effects may occur during or after the process. Further irritation or redness may also occur after the Treatment from exposure to sun, body creams or any other product applied topically.



Arms – From Elbows Including Fingers _____	\$23
Full Arm Wax _____	\$33
Underarms _____	\$20
½ Back or Chest _____	\$28
Full Back or Chest _____	\$65
Chin _____	\$17
Bikini Wax _____	\$33
Brazilian Wax _____	\$54
Full Leg Including Bikini _____	\$64
Half Leg from Knee _____	\$29
(add \$30 for Bikini)	

## PAMPER NIGHT

The spa will open during the evenings for a pamper 2 hour self pamper indulgence.

Treat yourself to peace and tranquility of the indoor pool, sauna, exfoliants, moisturizer, face masks, face creams and eye gels.

Maximum of 8 persons per evening, please check the daily schedule to see if the Pamper Night is available. First come first booked basis. Ideal for study groups.  
\$28 per person

## SPECIAL EVENTS

Celebrate your birthday or special occasion with a group of close friends and pamper yourselves with a private Pamper Group Evening  
\$28 per person



# SPA ETIQUETTE

1. Guests are kindly requested to arrive a few minutes before the treatment time to complete the necessary consultation forms.
2. During treatments, our therapists are trained to observe client modesty at all times.
3. Swimwear is requested when using the indoor spa pool, saunas and steam rooms.
4. Opening hours are from 8am to 9pm. Please refer to your daily programs in which changes will be advised.



5. Appointments are limited, we recommend treatments are booked early to avoid disappointment.
6. Appointments cancelled within 24 hours will be fully charged.
7. We strongly recommend that you leave jewellery and valuables secured in your cabin safety deposit box.
8. Should you not find the treatment you would prefer on our menu, please talk to one of our therapists who will gladly assist in customizing a treatment to meet your requirements where possible.
9. An automatic gratuity of 18% will be added to all charges for your convenience. Should you wish to leave anything extra you may do so at your own discretion.

